NUTRICIA
Specialized Adult Nutrition

Pro-Stat®: Complete Liquid Protein Medical Food



Pro-Stat contains 0% fruit juice

Indications	Recommended Product
Increased protein needs in low volume related to: • Stage 1 & 2 pressure injuries • Wounds (diabetic, venous, surgical, burns) • Protein-energy malnutrition • Involuntary weight loss • Sarcopenia • Low serum proteins • Dialysis • Fluid restricted	• Pro-Stat® Sugar Free
• Stage 3 & 4 pressure injuries • Multiple pressure injuries • Hard to heal wounds (diabetic, venous, surgical, burns)	• Pro-Stat® Sugar Free Advanced Wound Care (AWC)
• Dialysis • Fluid restriction • Inadequate protein and fiber intake	• Pro-Stat® Renal Care

- Suggested intake: 1-3 servings per day. Serving size = 30 mL (1 fl oz)
- Healthcare professionals should determine intake based on condition, estimated need, and dietary intake.
- Administer orally or through feeding tube.

Pro-Stat	Key Nutrients per 30 mL
Pro-Stat® Sugar Free	15 g protein, 100 kcal
Pro-Stat® Sugar Free AWC	17 g protein, 100 kcal, with added arginine, citrulline, cystine, vitamin C and zinc
Pro-Stat® Renal Care	15 g protein, 100 kcal, 3 g fiber

Pro-Stat® Recommended Policy & Procedure

Policy:

The policy of this facility is to provide nutritional care to each resident/patient ensuring that optimal nutritional status is achieved whenever possible. A complete liquid protein is provided when factors are present that may place residents at nutritional risk or when the following conditions exist: pressure injuries (stages 1-4), multiple pressure injuries, wounds (diabetic, venous, surgical, burns), protein-energy malnutrition, involuntary weight loss, sarcopenia, low serum proteins, dialysis, inadequate protein intake.

Procedure:

1. Each resident/patient is to be assessed and monitored for nutritional risk by the health care clinical team.
2. Existence of any of the following should be documented: pressure injuries (stages 1-4), wounds, protein-energy malnutrition, involuntary weight loss, sarcopenia, low serum proteins, end stage renal disease on dialysis, inadequate protein intake.
3. Protein supplementation will be implemented as appropriate for conditions (see chart on reverse).
4. The recommended nutrition intervention will be discussed and communicated as appropriate with: the resident/family and the healthcare team, including physician, nursing, food and nutrition services.
5. Administer Pro-Stat during med pass, supplement pass, meal service or via feeding tube as indicated by the healthcare team.
6. Record date on bottom of container upon opening. Discard 3 months after opening.
7. Provide fluids to ensure adequate hydration.
8. Document resident/patient intake per facility policy.
9. Record resident/patient response to intervention.
10. Reassess to determine continued level of intervention. If improvement or healing has occurred but one or more nutritional risk factors remain, consider ongoing supplementation for maintenance.

Tube Feeding:

1. Flush feeding tube with 30-60 mL of water.
2. Pour 30 mL of Pro-Stat in a 4-6 fl oz container.
3. Add 30-60 mL water and mix well with disposable spoon or tongue blade.
4. Administer Pro-Stat via syringe.
5. Flush with 30-60 mL of water.

Notes:

- Do not add Pro-Stat to an open or closed system of the tube feeding formula or into a container of enteral feeding.
- Do not add medications to Pro-Stat, even after dilution.
- Pro-Stat is not suitable for use as a sole source of nutrition.
- Pro-Stat is not for parenteral use.
- Store Pro-Stat at room temperature.
- Viscosity: Pro-Stat® Sugar Free is nectar-like, Pro-Stat® Sugar Free AWC and Pro-Stat® Renal Care are honey-like.

Nutricia North America, Rockville, MD 20850
Tel. (800) 365-7354
www.SpecializedAdultNutrition.com

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Advanced Medical Nutrition

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Pro-Stat is a medical food for use under medical supervision.

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